

CVB ALZV 2026: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Pinte Kevin HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MIXED 10-9

Heat:2, starttime: 14:01

Heat: 2/3 Lane : 5 Athlete: VAN LOON MARCEL

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 2: 400M MEDLEY WOMEN 11+

Heat:2, starttime: 14:11

Heat: 2/2 Lane : 4 Athlete: VERSPECHT LIZANNE

Q-time: 05:37:76

PB (25m pool): 05:27.15 Temse 22/12/2024

PB (50m pool): 05:43.63 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.02		01:15.23		01:58.45		02:42.24
		00:34.02		00:41.21		00:43.22		00:43.79
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:26.05		04:12.89		04:51.19		05:27.15
		00:43.81		00:46.84		00:38.30		00:35.96
								

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+

Heat:1, starttime: 14:18

Heat: 1/5 Lane : 2 Athlete: MATHELOT AMAURY

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
					

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 14:18
Heat: 1/5 Lane : 4 Athlete: RUSU DAMIAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 14:18
Heat: 1/5 Lane : 5 Athlete: VERVLOESSEM MIL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 14:20
Heat: 2/5 Lane : 2 Athlete: BOONE TORRE					Q-time: 01:44:57
PB (25m pool): 01:44.57 Ternat 29/03/2026 PB (50m pool): no time SB: 01:44.57 Ternat 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.46		01:44.57	
	00:46.46 00:58.11				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 14:22
Heat: 3/5 Lane : 2 Athlete: VAN DEN BERGHE VINCE					Q-time: 01:23:56
PB (25m pool): 01:23.56 LEUVEN 22/02/2026 PB (50m pool): 01:19.76 SB: 01:23.56 LEUVEN 22/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.82		01:23.56	
	00:38.82 00:44.74				
					

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 14:22
Heat: 3/5 Lane : 4 Athlete: WAGEMANS DAAN					Q-time: 01:23:23
PB (25m pool): 01:23.23 LEUVEN 22/02/2026			PB (50m pool): 01:23.87 SB: 01:23.23 LEUVEN 22/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.79		01:23.23	
	00:37.79		00:45.44		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 14:26
Heat: 5/5 Lane : 3 Athlete: DE MAESSCHALCK YARNE					Q-time: 01:01:48
PB (25m pool): 01:01.48 Leuven 12/10/2025			PB (50m pool): 01:02.59 SB: 01:01.48 Leuven 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.01		01:01.48	
	00:28.01		00:33.47		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 14:53
Heat: 1/11 Lane : 3 Athlete: PALK MARILIIS					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 14:56
Heat: 2/11 Lane : 2 Athlete: VANDER ELST FAUSTINE					Q-time: 01:57:16
PB (25m pool): 01:57.16 Ternat 14/12/2025			PB (50m pool): no time SB: 01:57.16 Ternat 14/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.06		01:57.16	
	00:56.06		01:01.10		
					

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 14:59
Heat: 3/11 Lane : 4 Athlete: MOORTGAT SIEN					Q-time: 01:42:65
PB (25m pool): 01:42.65 Ternat 29/03/2026					PB (50m pool): no time SB: 01:42.65 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.30		01:42.65	
	00:50.30		00:52.35		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:04
Heat: 5/11 Lane : 4 Athlete: PINTE ELLA					Q-time: 01:33:98
PB (25m pool): 01:33.98 LEUVEN 22/02/2026					PB (50m pool): 01:34.35 SB: 01:33.98 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.86		01:33.98	
	00:45.86		00:48.12		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:09
Heat: 7/11 Lane : 1 Athlete: VAN HOEYMISSEN JANNE					Q-time: 01:28:01
PB (25m pool): 01:28.01 Temse 17/11/2025					PB (50m pool): 01:25.67 SB: 01:28.01 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.09		01:28.01	
	00:44.09		00:43.92		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 15:19
Heat: 11/11 Lane : 5 Athlete: VAN ROY ONAH					Q-time: 01:15:12
PB (25m pool): 01:15.12 LEUVEN 22/02/2026					PB (50m pool): 01:16.54 SB: 01:15.12 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.65		01:15.12	
	00:36.65		00:38.47		
					

Coach feedback:

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Event number: 6: 50M FREESTYLE MEN 11+			Heat:1, starttime: 15:21
Heat: 1/10 Lane : 3 Athlete: VAN DER LINDEN BERRAD NADIR			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:1, starttime: 15:21
Heat: 1/10 Lane : 5 Athlete: VERVLOESSEM MIL			Q-time: 00:41:78
PB (25m pool): 00:41.78 Meise 14/09/2025 PB (50m pool): no time SB: 00:41.78 Meise 14/09/2025			
	2 5 M	5 0 M	
PB		00:41.78	
	00:41.78		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:2, starttime: 15:22
Heat: 2/10 Lane : 3 Athlete: MARECHAL BENT			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:3, starttime: 15:24
Heat: 3/10 Lane : 1 Athlete: DE RIDDER LOUIE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 6: 50M FREESTYLE MEN 11+			Heat:3, starttime: 15:24
Heat: 3/10 Lane : 5 Athlete: PALK PEETER			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:4, starttime: 15:25
Heat: 4/10 Lane : 2 Athlete: VERMAELEN MAURO			Q-time: 00:42:58
PB (25m pool): 00:42.58 Meise 14/09/2025			PB (50m pool): no time SB: 00:42.58 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:42.58	
	00:42.58		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:4, starttime: 15:25
Heat: 4/10 Lane : 3 Athlete: RUSU DAMIAN			Q-time: 00:41:67
PB (25m pool): 00:41.67 Meise 14/09/2025			PB (50m pool): no time SB: 00:41.67 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:41.67	
	00:41.67		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:4, starttime: 15:25
Heat: 4/10 Lane : 4 Athlete: MATHELOT AMAURY			Q-time: 00:41:84
PB (25m pool): 00:41.84 Meise 14/09/2025			PB (50m pool): no time SB: 00:41.84 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:41.84	
	00:41.84		
			

Coach feedback:

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Event number: 6: 50M FREESTYLE MEN 11+			Heat:5, starttime: 15:26
Heat: 5/10 Lane : 3 Athlete: BOONE TORRE			Q-time: 00:38:23
PB (25m pool): 00:38.23 Vilvoorde 18/05/2025			PB (50m pool): no time SB: 00:41.03 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:38.23	
		00:38.23	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:7, starttime: 15:28
Heat: 7/10 Lane : 2 Athlete: HERMAN WOUT			Q-time: 00:33:48
PB (25m pool): 00:33.48 LEUVEN 23/11/2025			PB (50m pool): 00:38.32 SB: 00:33.48 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:33.48	
		00:33.48	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:9, starttime: 15:30
Heat: 9/10 Lane : 1 Athlete: VANDENBRANDEN INDI			Q-time: 00:30:57
PB (25m pool): 00:30.57 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:39.71 SB: 00:30.86 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:30.57	
		00:30.57	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:9, starttime: 15:30
Heat: 9/10 Lane : 5 Athlete: WAGEMANS DAAN			Q-time: 00:30:19
PB (25m pool): 00:30.19 LEUVEN. 22/02/2026			PB (50m pool): 00:30.55 SB: 00:30.19 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:30.19	
		00:30.19	
			

Coach feedback:

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Event number: 6: 50M FREESTYLE MEN 11+										Heat:10, starttime: 15:31																			
Heat: 10/10 Lane : 2 Athlete: PEERSMAN NIEL																				Q-time: 00:27:25									
PB (25m pool): 00:27.25 Sinbad 22/07/2025										PB (50m pool): 00:27.25 SB: 00:27.36 Leuven 12/10/2025																			
		2 5 M				5 0 M																							
PB			00:27.25																										
			00:27.25																										
																													

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+										Heat:10, starttime: 15:31																																							
Heat: 10/10										Lane : 3										Athlete: DE MAESSCHALCK YARNE										Q-time: 00:24:86																			
PB (25m pool): 00:24.86										LEUVEN. 22/02/2026										PB (50m pool): 00:25.59										SB: 00:24.86										LEUVEN. 22/02/2026									
		2 5 M				5 0 M																																											
PB			00:24.86																																														
			00:24.86																																														
																																																	

Coach feedback:

Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:3, starttime: 15:40	
Heat: 3/3 Lane : 2 Athlete: VAN LOON MARCEL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:53	
Heat: 1/7 Lane : 2 Athlete: PALK MARILIIS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:05	
Heat: 4/7 Lane : 1 Athlete: PINTE ELLA							Q-time: 02:55:91	
PB (25m pool): 02:55.91 Tienen 26/10/2025				PB (50m pool): no time SB: 02:55.91 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.55		01:26.91		no time		02:55.91
	00:40.55		00:46.36					
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:05	
Heat: 4/7 Lane : 3 Athlete: STROOBANTS YINNE							Q-time: 02:43:90	
PB (25m pool): 02:43.90 Liedekerke 01/05/2026				PB (50m pool): no time SB: 02:43.90 Liedekerke 01/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:43.90
	no time							
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:08	
Heat: 5/7 Lane : 5 Athlete: NECULAE MARIA IULIA							Q-time: 02:38:73	
PB (25m pool): 02:38.73 Dilbeek 10/05/2026				PB (50m pool): 02:46.03SB: 02:38.73 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.93		01:17.35		no time		02:38.73
	00:36.93		00:40.42					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:1, starttime: 16:18	
Heat: 1/6 Lane : 5 Athlete: VERVLOESSEM MIL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 9: 200M FREESTYLE MEN 11+							Heat:2, starttime: 16:22	
Heat: 2/6 Lane : 2 Athlete: MARECHAL BENT							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:3, starttime: 16:26	
Heat: 3/6 Lane : 2 Athlete: VAN DER LINDEN BERRAD NADIR							Q-time: 03:38:26	
PB (25m pool): 03:38.26 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): no time SB: 03:38.26 Sint-Pieters-Leeuw 01/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.53		01:44.87		no time		03:38.26
	00:48.53		00:56.34					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:3, starttime: 16:26	
Heat: 3/6 Lane : 3 Athlete: PALK PEETER							Q-time: 03:22:29	
PB (25m pool): 03:22.29 Meise 22/06/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.11		01:36.40		no time		03:22.29
	00:46.11		00:50.29					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:4, starttime: 16:30	
Heat: 4/6 Lane : 5 Athlete: DE RIDDER LOUIE							Q-time: 03:09:01	
PB (25m pool): 03:09.01 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): no time SB: 03:09.01 Sint-Pieters-Leeuw 01/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.24		01:30.92		no time		03:09.01
	00:41.24		00:49.68					
								

Coach feedback:

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Event number: 9: 200M FREESTYLE MEN 11+							Heat:5, starttime: 16:34	
Heat: 5/6 Lane : 1 Athlete: BOONE TORRE							Q-time: 02:57:84	
PB (25m pool): 02:57.84 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): no time SB: 02:57.84 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.94		01:25.59		no time		02:57.84
	00:39.94		00:45.65					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:6, starttime: 16:38	
Heat: 6/6 Lane : 5 Athlete: VANDENBRANDEN INDI							Q-time: 02:28:96	
PB (25m pool): 02:28.96 Vilvoorde 18/05/2025				PB (50m pool): 02:29.10SB: 02:30.82 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.47		01:12.22		no time		02:28.96
	00:34.47		00:37.75					
								

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+										Heat:1, starttime: 16:43	
Heat: 1/10 Lane : 4 Athlete: VANDER ELST FAUSTINE										Q-time: 00:44:20	
PB (25m pool): 00:44.20 Meise 14/09/2025					PB (50m pool): no time SB: 00:44.20 Meise 14/09/2025						
	2 5 M		5 0 M								
PB			00:44.20								
			00:44.20								
											

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:43	
Heat: 1/10 Lane : 5 Athlete: PALK MARILIIS							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

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Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:45
Heat: 2/10 Lane : 1 Athlete: MOORTGAT SIEN			Q-time: 00:43:45
PB (25m pool): 00:43.45 Meise 14/09/2025			PB (50m pool): no time SB: 00:43.45 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:43.45	
		00:43.45	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:48
Heat: 5/10 Lane : 5 Athlete: PINTE ELLA			Q-time: 00:36:14
PB (25m pool): 00:36.14 LEUVEN. 22/02/2026			PB (50m pool): 00:36.14 SB: 00:36.14 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:36.14	
		00:36.14	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:49
Heat: 6/10 Lane : 1 Athlete: VAN HOEYMISSEN JANNE			Q-time: 00:34:64
PB (25m pool): 00:34.64 Liedekerke 01/05/2026			PB (50m pool): 00:34.93 SB: 00:34.64 Liedekerke 01/05/2026
	2 5 M	5 0 M	
PB		00:34.64	
		00:34.64	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:49
Heat: 6/10 Lane : 5 Athlete: STROOBANTS YINNE			Q-time: 00:34:28
PB (25m pool): 00:34.28 Liedekerke 01/05/2026			PB (50m pool): no time SB: 00:34.28 Liedekerke 01/05/2026
	2 5 M	5 0 M	
PB		00:34.28	
		00:34.28	
			

Coach feedback:

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Event number: 11: 50M FREESTYLE WOMEN 11+							Heat:9, starttime: 16:52		
Heat: 9/10 Lane : 2 Athlete: NECULAE MARIA IULIA							Q-time: 00:31:59		
PB (25m pool): 00:31.59 Liedekerke 01/05/2026							PB (50m pool): 00:32.87 SB: 00:31.59 Liedekerke 01/05/2026		
	2 5 M		5 0 M						
PB			00:31.59						
			00:31.59						
									

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+							Heat:10, starttime: 16:53		
Heat: 10/10 Lane : 5 Athlete: VERSPECHT LIZANNE							Q-time: 00:29:97		
PB (25m pool): 00:28.13 Dilbeek 26/09/2021							PB (50m pool): 00:29.91 SB: 00:30.80 Meise 14/09/2025		
	2 5 M		5 0 M						
PB			00:28.13						
	00:28.13								
									

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+				Heat:1, starttime: 16:55	
Heat: 1/8 Lane : 2 Athlete: PALK PEETER				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+				Heat:1, starttime: 16:55	
Heat: 1/8 Lane : 3 Athlete: MARECHAL BENT				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:55
Heat: 1/8 Lane : 5 Athlete: VERMAELEN MAURO					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:58
Heat: 2/8 Lane : 2 Athlete: MATHELOT AMAURY					Q-time: 99:99:99
PB (25m pool): 01:49.84 Sint-Pieters-Leeuw 25/02/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:49.84	
	no time				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:58
Heat: 2/8 Lane : 4 Athlete: DE RIDDER LOUIE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 17:01
Heat: 3/8 Lane : 1 Athlete: VAN DER LINDEN BERRAD NADIR					Q-time: 01:51:24
PB (25m pool): 01:51.24 Ternat 14/12/2025 PB (50m pool): no time SB: 01:51.24 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.51		01:51.24	
	00:55.51 00:55.73				
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 17:01
Heat: 3/8 Lane : 2 Athlete: RUSU DAMIAN					Q-time: 01:47:33
PB (25m pool): 01:47.33 Ternat 14/12/2025			PB (50m pool): no time SB: 01:47.33 Ternat 14/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.56		01:47.33	
	00:51.56		00:55.77		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 17:09
Heat: 6/8 Lane : 3 Athlete: HERMAN WOUT					Q-time: 01:21:78
PB (25m pool): 01:21.78 LEUVEN 22/02/2026			PB (50m pool): 01:24.74 SB: 01:21.78 LEUVEN 22/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.53		01:21.78	
	00:39.53		00:42.25		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 17:11
Heat: 7/8 Lane : 5 Athlete: WAGEMANS DAAN					Q-time: 01:20:73
PB (25m pool): 01:20.73 LEUVEN 22/02/2026			PB (50m pool): 01:20.84 SB: 01:20.73 LEUVEN 22/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.82		01:20.73	
	00:39.82		00:40.91		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 17:14
Heat: 8/8 Lane : 3 Athlete: PEERSMAN NIEL					Q-time: 01:03:96
PB (25m pool): 01:03.96 Leuven 12/10/2025			PB (50m pool): 01:07.47 SB: 01:03.96 Leuven 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.96	
	no time				
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 17:16
Heat: 1/5 Lane : 2 Athlete: MOORTGAT SIEN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:18
Heat: 2/5 Lane : 4 Athlete: VAN HOEYMISSEN JANNE					Q-time: 01:41:22
PB (25m pool): 01:41.22 Liedekerke 11/11/2025 PB (50m pool): 01:35.39 SB: 01:41.22 Liedekerke 11/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.25		01:41.22	
	00:47.25 00:53.97				
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 17:24
Heat: 5/5 Lane : 3 Athlete: VAN ROY ONAH					Q-time: 01:09:90
PB (25m pool): 01:09.90 Ternat 29/03/2026 PB (50m pool): 01:12.31 SB: 01:09.90 Ternat 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.87		01:09.90	
	00:32.87 00:37.03				
					

Coach feedback:

Event number: 14: 400M MEDLEY MEN 11+							Heat:2, starttime: 17:33	
Heat: 2/2 Lane : 2 Athlete: VAN DEN BERGHE VINCE							Q-time: 06:01:55	
PB (25m pool): 06:01.55 Ternat 14/12/2025							PB (50m pool): 06:09.81 SB: 06:01.55 Ternat 14/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:41.97		01:34.19		no time		no time
	00:41.97		00:52.22					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:01.55

CVB ALZV 2026: Session: 1: COACH Evaluation sheet for TEAM: ALZV

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Coach feedback: